

主辦



中國香港棒球總會
THE BASEBALL ASSOCIATION OF HONG KONG, CHINA

資助



康樂及文化事務署
Leisure and Cultural
Services Department

2025-26 年度全港青少年棒球聯賽

Hong Kong Youth Baseball Playoff 2025-26

- 目標 : 1. 積極發展及推動本地青少年棒球比賽，提升技術水平，宏揚團隊合作和體育精神；
Target To actively organize and promote local baseball competitions for teenagers, it helps improve technical skills and also promote team spirit and sportsmanship.
2. 培養香港年青一代精英棒球球員及香港棒球代表隊年青梯隊，積儲國際比賽經驗；
To nurture the next generation of Hong Kong elite baseball players and training squad, and allow them to gain more experience in international tournament.
- 賽制 : 雙淘汰賽制 Double Elimination Format / (因實際報名隊伍數目而調整)
- 賽期 : 2026 年 3 月 28 日至 2026 年 5 月 (逢星期六或星期日)
- Period 28 Mar 2026 to May 2026 (Saturday and/or Sunday)

組別 Division	參賽年 Age	地點 Venue	比賽用球 Game Ball
U11	7-11 歲 · 男女均可。 2015 年至 2019 年出生 Age 7-11, Boy or Girl. Born within 2015 and 2019	荃灣二號配水庫棒球場 / 香港道教聯合會純陽小學/ 巴富街運動場/ 東何文田配水庫遊樂場/ 康文署轄下場地	硬式棒球 Hard Ball
U12	9-12 歲 · 男女均可。 2017 年至 2014 年出生 Age 9-12, Boy or Girl. Born within 2017 and 2014.	Tsuen Wan No. 2 Fresh Water Service Reservoir / HKTA Shun Yeung Primary School/ Perth Street Sports Ground/ Ho Man Tin East Service Reservoir Playground/ LCSD Venues	
U14	11-14 歲 · 男女均可。 2015 至 2012 年出生 Age 11-14, Boy or Girl. Born within 2015 and 2012.	荃灣二號配水庫棒球場 / 東何文田配水庫遊樂場/晒草灣遊樂場/ 康文署轄下場地 Tsuen Wan No. 2 Fresh Water Service Reservoir / Ho Man Tin East Service Reservoir Playground/ Sai Tso Wan Baseball Field/ LCSD Venues	
U16	13-16 歲 · 男女均可。 2013 年至 2010 年出生 Age 13-16, Boy or Girl. Born within 2013 and 2010	荃灣二號配水庫棒球場 / 東何文田配水庫遊樂場/晒草灣遊樂場/ 康文署轄下場地 Tsuen Wan No. 2 Fresh Water Service Reservoir / Ho Man Tin East Service Reservoir Playground/ Sai Tso Wan Baseball Field/ LCSD Venues	

本會可因實際報名隊伍數目而調整賽制並於領隊會議中宣佈。

The Baseball Association of Hong Kong, China (BAHKC) reserves the right to determine the game format and it will be announced in the Team Manager's Meeting.

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球隊參加資格 : 教練 Coach

Eligibility

1. 每場比賽必須最少有一名已登記的香港棒球總會註冊教練在場 (一級或以上)。
Each match must have at least one HKBA registered coach attend (level 1 or above)
2. 每位註冊教練於當年全港棒球公開賽中同一組別只可擔任一支球隊之教練。
Any registered coach should not coach more than one team in the same grade.

球員 Player

1. 必須為中國香港棒球總會會員(可即時申請入會，會籍至 2027 年 3 月 31 日)
Player must be The Baseball Association of Hong Kong, China (BAHKC) member
(Player can register on HKBA website, membership valid till 31 Mar 2027)
2. 每名球員於該年全港棒球青少年聯賽中同一組別只可於一支球隊註冊。 **
Each player should not register more than one team in the same grade.**

球隊註冊費

Team Reg. Fee

	U11	U12	U14	U16
	\$500	\$500	\$1,000	\$1000

*2024-25 年度報名球隊優先，報名隊數如超過 6 隊，未參加 2024-25 年度聯賽的新球隊需要抽籤決定參賽資格。

*Priority will be given to 2024-25 Hong Kong Youth Baseball Playoff registered teams. More than the quota (6 teams) will be decided by ballot for teams did not register 2024-25 Youth League.

球員註冊費

Player Reg. Fee

: 每名球員港幣 150 元
HK\$ 150 per player

會員年費

Membership Fee

: 每名球員港幣 100 元
HK\$ 100 per player

截止報名

Application

Deadline

: 球隊註冊 Team Registration
2026 年 3 月 19 日, 星期四
19/3/2026, Thursday

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隊教練會議 : 2026 年 3 月 23 日, 星期一, 晚上 6 時至 9 時
Team Manager' s Meeting : 23/3/2026, Monday, 18:00-19:00 (ZOOM)

報名手續 : 請參閱網上球員註冊及球隊註冊程序及須知。
Procedure : Please refer to the Online Player Registration & Team Registration Procedure & Guideline

1. 所有球員會員註冊及教練註冊必須於截止報名當日或之前完成，如欠文件、報名費用、相片、簽署或資料不全之報名申請，恕不受理。
All membership and coach registration must be completed by the application deadline, incomplete application will not be considered
2. 所有球隊名單及相片將會於網上系統公佈。
The team rosters and photos will be published on the portal system.

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備註 Remarks

- (1) 設冠、亞、季軍；可獲頒獎盃一座及註冊人數之獎牌數或最多十八枚；
A trophy and a medal for each grade registered players (up to 18pcs) will be awarded to the Champion team, the 1st and 2nd runner-up team.
- (2) 中國香港棒球總會有權要求參賽人士出示身份證明文件以核實參賽人士的身份；
BAHKC has the authority to check the identity of players.
- (3) 參賽隊伍只可使用 USA Bat certified，日本(硬式棒球用)棒或 BBCOR certified 球棒；
The teams must use USA Bat certified bat, Japan (Hard Baseball) Bat or BBCOR certified bat
- (4) 比賽中各球隊均須自備棒球用具和器材；
The team should arrange playing equipment including uniforms, gloves, mitts, bats, catcher' s gears and protective helmets.
- (5) 各球隊均須購備至少七頂雙耳頭盔，所有擊球員、跑壘員及壘指導員必須戴上；
The team should arrange at least seven protective helmets. Batter, runner and base coach must wear it.
- (6) 參賽隊伍每缺席一場比賽須罰款壹仟元，如欲繼續參加比賽，必須在比賽前三個工作天先行向「中國香港棒球總會」繳付保證金；
The penalty, HK\$1,000 per game for a team absent from a scheduled game. The team should pay BAHKC the team deposit, HK\$1,000, three working days before the next game for keeping on the game.
- (7) 參賽隊伍之隊教練或領隊必須出席隊教練會議，並遵守會議中訂定之各項協議；
The team manager or team coach should attend the Team Manager' s Meeting and comply with all agreed rules.
- (8) 每隊的賽事工作人員費已包括在球隊註冊費內；
The official fee was included in the team registration fee already.
- (9) 所有康文署運動場不容許穿著金屬片棒球鞋 (晒草灣棒球場除外)；
No metal spike shoes are allowed in LCSD' s sports grounds (except Sai Tso Wan Baseball Field).
- (10) 所有運動場內不准吸煙；
No smoking in the LCSD' s sports grounds.
- (11) 參賽隊伍各球員出賽時，必須穿著整齊棒球制服，且背後附有不少於 6 英寸高之背號；否則主裁判有權即時取消其出賽資格；
All players on a team shall wear uniforms identical in color, trim and style, and all players' uniforms shall include minimal six-inch numbers on their backs. Each umpire has authority to disqualify any player whose uniform does not conform to that of his/her teammates shall be permitted to participate in a game.

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- (12) 每日頭場比賽的隊伍負責擺設比賽場地的各項設施用品；而尾場比賽隊伍則負責將比賽場地的各項設施用品放回指定的貯物地點或交付運輸人員；如有查詢，請聯絡當值裁判；

Participating teams shall help for setting bases and return the base set to the storage place.

- (13) 在球場上必須服從主裁判之指示及決定，各球員應保持運動員良好的紀律與體育精神；避免發生任何衝突；違規的球員或球隊，有可能受到扣除積分或停賽處分；

No player, manager, coach or substitute shall object to any umpire's judgment decisions, please maintain good discipline and true sportsmanship. No conflict is allowed. The respective teams will be stripped off all their points or suspended from the game. The offending player, coach and manager will receive a warning letter.

- (14) 參賽隊伍，如有上訴局面，必須於賽後由隊教練立即向主裁判正式提出及於四十八小時內以書面向中國香港棒球總會提出並繳付上訴費用伍百元；未有如期繳付者，所有上訴，均不作處理；倘上訴得直，則可獲如數發還，否則全數充公，不得異議；

Appeal or protest arising shall be made by the team coach to the umpire-in-chief right in the game and give written notice and pay handling fee of HK\$1,000 to BAHKC office within 48 hours after the game. No appeal or protest shall be permitted if fail to follow the procedure. Handling fee will be refunded in full if the appeal or protest is accepted.

- (15) 各項已繳費用，除中國香港棒球總會特別註明外，一律概不發還；

No application fee or payment will be refunded except those remarked.

- (16) 全部比賽完結後，中國香港棒球總會將按照規定退回各隊之比賽保證金；惟若有缺席之隊伍則須由保證金中扣除一切應繳之罰款；

Team deposit will be refunded after finishing the season; absent penalty will be deducted from the team deposit.

- (17) 參賽隊伍及所有註冊球員必須遵守「中國香港棒球總會」訂定之各項比賽規則與安排；

Participating teams shall comply with the rules and regulations and arrangement made by BAHKC

- (18) 如編訂之賽事未能如期進行，補賽日期及地點，均視乎場地或康樂及文化事務署安排而定，參賽隊伍不得異議；

Any re-schedule games are subject to the available venue provided by the Leisure and Cultural Services Department, no objection is allowed.

- (19) 若於截止日期後如需新增球員或任何更改，需於十四個工作天前於網上註冊系統進行球員註冊及更新球隊註冊，每次申請球隊需付手續費 港幣叁佰元；球員註冊請參看「網上球員註冊 及球隊註冊程序及須知」；

Any change of team roster through the Online Registration System at least fourteen working days before the effective date; please refer to the "Online Player Registration & Team Registration Procedure & Guideline" for details.

Administration Fee HK\$ 300 will be charged per application.

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(20) 賽期公佈後如個別球隊需要改期，必須自行聯絡涉及調期的球隊，獲得同意後於原訂賽期一星期前以書面(電郵至 office@hkbaseball.org) 通知「中國香港棒球總會」；每隊每季只限提出改期壹次。

Each team is allowed to change its game date once in a season; the requested team is required to contact and get consent of the related teams about the change then write to the BAHKC with copy to the opposite teams by email at office@hkbaseball.org not less than one week before the scheduled game day.

**Youth League 借球員安排:

如比賽人數不足 9 人(如當天出席球員只有 6 人，可向任何球隊外借適齡球員最多 3 人；如當天出席球員只有 8 人，可借最多 1 人，如此類推 (可向任何球隊外借適齡球員最多 3 人*；必須雙方教練和領隊同意))，球隊須於最少一星期前通知外借球員所屬之球隊和中英文全名，以便通知比賽之工作人員。外借之球員守備位置不得為投手，而棒次必須靠後(7 至 9 棒)。(借球員安排不適用於冠軍賽)

**Youth League Player Arrangement:

If the number of players in the game is less than 9, (e.g. team have only 6 players in that game date, up to three players can be loaned; if team have only 8 players, only one player can be loaned. (Team can only loan a maximum of 3 players* each time and with consent of both coaches and manager). Teams should notify the team and full name of the player(s) at least one week before the scheduled game in order to inform the scorer and umpire of the game. The players cannot be a pitch in the game, and the batting order of the players must be 7th to 9th batter in the game. (The arrangements are not applicable to championship game).

*外借球員只要是各組內適齡球員即可。

*The loaned players only need to be the age-appropriate players of the League.

注意事項：上述各項，「中國香港棒球總會」有權按實際情況而作出修改。

Notes: The Baseball Association of Hong Kong, China reserves the rights to amend any clauses and make any re-arrangement subject to actual happening from time to time.

查詢電話 / Enquires : 2504 8330

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Pitch Count:

<u>AGE RANGE</u>	<u>DAILY MAX PITCHES</u>	<u>REQUIRED REST (PITCHES)</u>					
		<u>0 DAYS</u>	<u>1 DAY</u>	<u>2 DAYS</u>	<u>3 DAYS</u>	<u>4 DAYS</u>	<u>5 DAYS</u>
7-8	50	1-20	21-35	36-50	N/A	N/A	N/A
9-10	75	1-20	21-35	36-50	51-65	66+	N/A
11-12	85	1-20	21-35	36-50	51-65	66+	N/A
13-14	95	1-20	21-35	36-50	51-65	66+	N/A
15-16	95	1-30	31-45	46-60	61-75	76+	N/A
17-18	105	1-30	31-45	46-60	61-80	81+	N/A
19-22	120	1-30	31-45	46-60	61-80	81-105	106+